

**SHIFOYAGE**  
FUN. CONNECTION. COMMUNITY. TRAVEL. BLISS

# **DHARAMSHALA, MCLEODGANJ & TRIUND**

McLeodganj | Dharamshal | Triund Trek

## **SHIFOYAGE EXPERIENCE JOURNEY**

**CONTACT US**  
**9893114556**  
**9990854146**

# WHAT WE OFFER ??



**24X7 VEHICLE**



**PROFESSIONAL  
PHOTOGRAPHER**



**COMFORTABLE  
STAY**



**4 MEALS  
INCLUDED**



**SHIFOYAGE'S  
SPECIAL ACTIVITIES (OUR SPECIALITY)**

**AND EXPERIENCES THAT BREATHE LIFE INTO A  
LIFETIME OF MEMORIES.**



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# TRIUND ITINERARY

## DAY 1 - BHOPAL BYE BYE

- 02:00PM Gather up at Rani Kamlapati Station, Bhopal. Let's kickstart the journey with lots of laughter and vibes!! 🚆✨

## HELLO DELHI

- 10:30 PM Hop on our super comfy Urbania as we begin our overnight road trip to Mcleodganj with fun games, activities and full shifoyage vibes. You will see what we are talking about.



## DAY 2 - MCLEODGANJ EXPLORATION

- 02:00 PM Time to check in at our cozy hotel and freshen up, Let's step out to explore the magical vibes of Mcleodganj with Shifoyage special activities ofcourse.

- 09:00 PM Back to the hotel, but wait! The night isn't over yet. It's time for our exclusive connection-based activities. Games, discussions, and laughter – this is where strangers become friends!



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# TRIUND ITINERARY

## SCHEDULE FOR DAY 2

Namgyal Monastery (Dalai Lama Temple)

- The personal monastery of the Dalai Lama – filled with spinning prayer wheels, calm chants, and deep spiritual vibes.

St. John in the Wilderness Church

- A gothic-style church nestled among deodar trees — peaceful and photogenic.( Optional -if time permits)

Tibetan Market & Local Cafes

- Explore colorful handicrafts, souvenirs, and cozy cafes serving Tibetan and Himachali cuisine.







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# TRIUND ITINERARY

## DAY 2 NIGHT SESSION THEME: HEALING THE HEART

As twilight gently wraps the mountains, we will gather in sacred stillness to explore one of the deepest wounds and longings of the human experience — relationships.

Over time, many of us have unknowingly absorbed distorted ideas of love, attachment, and partnership — taught by society, modeled by unhealed adults, or shaped by past pain. We often carry these imprints silently, believing that what we were taught is truth, even when it hurts us.

This night's Shifoyage session will be a spiritual immersion into unlearning these false concepts... and remembering the truth.

🌙 Through reflective circles, soul-touching questions, movement, and shared silence — we will open the doorway to:

- A deeper understanding of the stories we've believed about relationships
- A release of the pain that was never ours to carry
- A reconnection to what real, conscious connection feels like — first with ourselves, and then with others

This isn't a discussion. It's a gentle spiritual surgery —  
A night to tend to the inner child's longing to be seen, loved, and accepted...  
To heal not just the heartbreaks, but the false beliefs that created them.

You don't need to be "ready."❤️



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# TRIUND ITINERARY

## DAY 3 -TRIUND TREK DAY

- 08:00 AM We will visit the Bhagsu Temple & Bhagsu Waterfall, Now we will start the Triund Trek
- 01:00 PM Take a breather with a quick Maggi break at one of the trek points
- 05:00 PM Catch the glorious sunset with a golden hue over the mountains.
- 08:00 PM Settle into our dome tents under the starry sky. Cozy sleeping bags, campfire stories, and music Pure bliss!





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# TRIUND ITINERARY



## A NOTE ON TREKKING – A JOURNEY INWARD



Trekking is not just about reaching the top — it's about meeting yourself on the way there.

As you walk each step through the forest trails, feel the heartbeat of the Earth align with your own. Notice your breath. Notice your thoughts. Notice how your body supports you in silence, one step at a time.

Trekking gives you a rare opportunity to disconnect from the noise and reconnect with your essence.

It humbles you... grounds you... and shows you how strong, how tender, how alive you truly are.

Somewhere between the tired legs and breathtaking views, you'll meet the version of yourself that you've been seeking — calm, present, and deeply aware.

This journey to Triund is not just a trek — it's a sacred invitation to slow down, look within, and rediscover your soul's rhythm.

So, walk mindfully. Breathe deeply. And allow the mountains to reflect back the truth of who you are. 🏔️💛



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# TRIUND ITINERARY

DAY 3 EVENING SESSION



SUNSET SESSION –

**RETHINKING CAREER, BEYOND MONEY & POWER ✨**

As the golden sun sets behind the Dhauladhar ranges and the sky melts into hues of surrender, we gather in silence — not just to witness the beauty around us, but to begin a deeper inquiry within.

This evening, we open a sacred space to reflect on one of the most consuming aspects of our lives — career. In the rush for achievement, status, money, and power, we often lose touch with the soul of our work. We chase more, only to feel less. We climb ladders that lead us away from ourselves.

But what if career wasn't just about survival or success?

What if it was an expression of our essence?

A way to serve, to grow, to evolve?

In this session, we'll gently explore the illusions of greed and the anxieties of uncertainty. We'll look beyond the noise and reconnect with the part of us that longs for purpose, for peace, and for true contribution.

Let the stillness of the mountains and the wisdom of the fading light guide us — not towards answers, but towards a clearer inner direction.



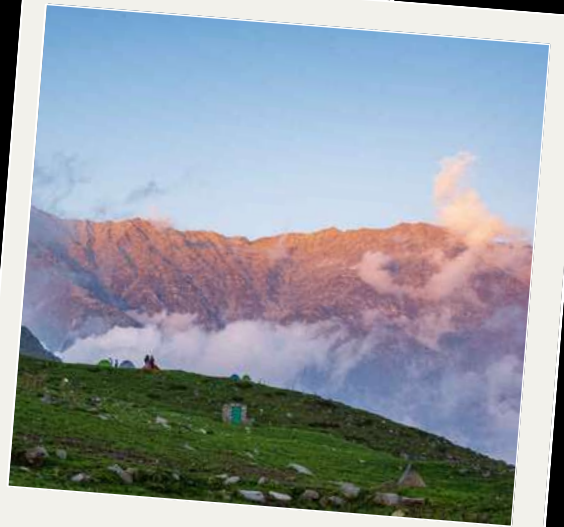
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# TRIUND ITINERARY

DAY 4 -

## TRIUND TOP & DHARAMSHALA VISIT

- **06:00 AM** Wake up to a mesmerizing sunrise over the mountains. Trust us, it's a view you'll never forget!
- **08:00 AM** Enjoy a hearty breakfast amidst nature and get ready to trek down from Triund Top.
- **02:00 PM** Reach the base and get ready for the next adventure — because Dharamshala is waiting!





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# TRIUND ITINERARY

## DAY 4 - EXPLORING DHARAMSHALA

- Norbulingka Institute
- Gyuto Tantric Monastery Temple

● 07:00 PM

After a memorable day, we'll start our return journey towards Delhi. Get ready for another night of fun, laughter, and endless stories on the way back!



## DAY 5 -

● 07:00 AM

Reach Delhi Railway Station and get ready for return journey.





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# TRIUND ITINERARY

## DAY 4 EARLY MORNING SESSION

### DAWN AWAKENING – WHY DO WE SUFFER?

ॐ An Adhyatmic Exploration of Life

As the first light of dawn touches the peaks and the world slowly awakens in silence, we gather for one of the most sacred sessions of this journey – an early morning dialogue with the soul.

In this session, we dive deep into a timeless question:  
"Why do we suffer?"

From an adhyatmic (spiritual) lens, we will explore the root of suffering – not just as pain or hardship, but as disconnection from our true nature. We'll reflect on how our attachments, expectations, and unexamined patterns shape our inner unrest.

This session isn't about solving life – it's about seeing it clearly. It's about awakening to the beauty of what is, and understanding suffering not as punishment, but as a teacher... a pointer towards inner freedom.

Come, sit with us in the quiet of the morning.  
Let the Himalayas mirror your stillness.  
Let the breath remind you – you are already home.



## **Important Note:**

**This itinerary is for reference only—  
timings and locations may change based  
on circumstances. Shifoyage reserves the  
right to modify the plan at its discretion to  
ensure the best experience for everyone.**

 **Get ready for an unforgettable  
adventure! **

[CLICK HERE](#)





## **Important Note:**

**Heads up, Shifoyagers!**











**This trip is all set to roll with a minimum of 10 bookings. If, by any chance, we don't hit that number, no worries! Your full amount will be refunded within 2 days. But trust us, you wouldn't want to miss this one!**

**Adventure, memories, and a whole lot of fun are waiting! So, book now or regret later!**

**CLICK HERE**



# **What's Included?** **The Ultimate Shifoyage Experience!**

-  **All Transfers & Scenic Road Trips in Luxury Urbania Bus**
-  **3 Days | 4 Nights with Shifoyage's transformative experience**
-  **4 Lip-Smacking Veg Meals + 2 Soulful Trek Snacks**
-  **Fun Challenges & Icebreaker Games to ignite your spirit**
-  **Life-Changing Shifoyage Sessions & Deep Discussions**
-  **Secret Surprises & Unforgettable Moments to cherish**
-  **Expert Trip Leaders & 24/7 Heartfelt Assistance**
-  **More Thrills, More Vibes, More Memories**
-  **Ready to Experience It All?** 

[CLICK HERE](#)





## **What's Not Included?**

- ✗ Extra Meals & Beverages (Outside the included plan)**
- ✗ Unforeseen Delays (Due to natural calamities/emergencies)**
- ✗ Personal Expenses (Shopping, souvenirs, snacks)**
- ✗ Anything Not Mentioned in Inclusions**

[CLICK HERE](#)



# MEAL PLAN

 Meal Plan (Only Vegetarian) 

 Day 2: Dinner  

 Day 3: Breakfast, Snacks in afternoon, Dinner  

 Day 4: Breakfast, Snacks in afternoon 

Pure Vegetarian Meals | ✓ Nutritious & Delicious | ✓  
Local Flavors

 Fuel your adventure with wholesome, veg meals  
throughout the trip!   

CLICK HERE





# Not Just a Trip, A Life-Changing Journey Awaits!!!

A journey with Shifoyage isn't just travel—it's a soulful transformation, where breathtaking landscapes, deep conversations, and meaningful connections help you rediscover yourself. Experience the magic of self-growth, adventure, and serenity, turning every moment into a life-changing memory!

**Charges for Delhi to Delhi**

**LIMITED SEATS!  
DON'T MISS OUT!**

**Secure Your Spot Now @~~11,999~~ only @8999/-**

 **Summer Offer !** 

Grab your discount & let the journey begin with Shifoyage!

 **Book Your Seat Before It's Gone!**

 **After payment, send us a screenshot for confirmation!**

 **Some experiences are priceless. Some regrets last forever. Choose wisely.**

 **Need help? 9893114556**

DM us now!

[CLICK HERE](#)



SHIFOYAGE

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## Charges for Bhopal to Bhopal

**LIMITED SEATS!  
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# Traveling with Shifoyage VS Regular Travel Organizations




Experience Element	Shifoyage 	Other Travel Organizations 
Purpose of Travel	Healing, soulful exploration, inner connection	Mostly sightseeing and surface-level touring
Who You Travel With	With the <b>founder themselves</b> , not just a captain	Often guided by hired coordinators with no deeper connection
Type of Vehicle	<b>Luxury Bus Urbania</b> for extra comfort & bonding	Standard buses or tempo travellers

DM us now!



Experience Element	Shifoyage 	Other Travel Organizations 
Group Vibe	Community-driven, safe, nurturing and connected	Mostly individual- focused with limited bonding
Stay Experience	Thoughtfully selected <b>comfortable stays</b> to enhance the journey	Basic stays with minimal attention to vibe or comfort
Sessions & Reflections	Life-changing sessions on self, life, and relationships	Rare or not included
Emotional & Spiritual Element	Deep reflections on real issues – career, love, suffering	Usually missing or considered irrelevant



Experience Element	Shifoyage 	Other Travel Organizations 
Activity Design	Balanced mix of fun, games, soulful talks & play	Sightseeing-focused, limited emotional depth
How You're Treated	You're not a customer, you become family 	Treated as clients or numbers
Post-Trip Connection	Long-lasting bonds, a tribe for life	Rarely any long-term connection
Support & Safety	24/7 personal, emotional, and logistical support	Mostly limited to logistical help
Trip Energy & Intention	Heart-centered, nurturing, intentional	Fun-focused, no deeper grounding

# **Traveling with Shifoyage VS Regular Travel Organizations**

 **Why Travel with Shifoyage?**

**Because here...**

**You don't just travel,**

**You heal, evolve, feel seen, and become part of a family.**

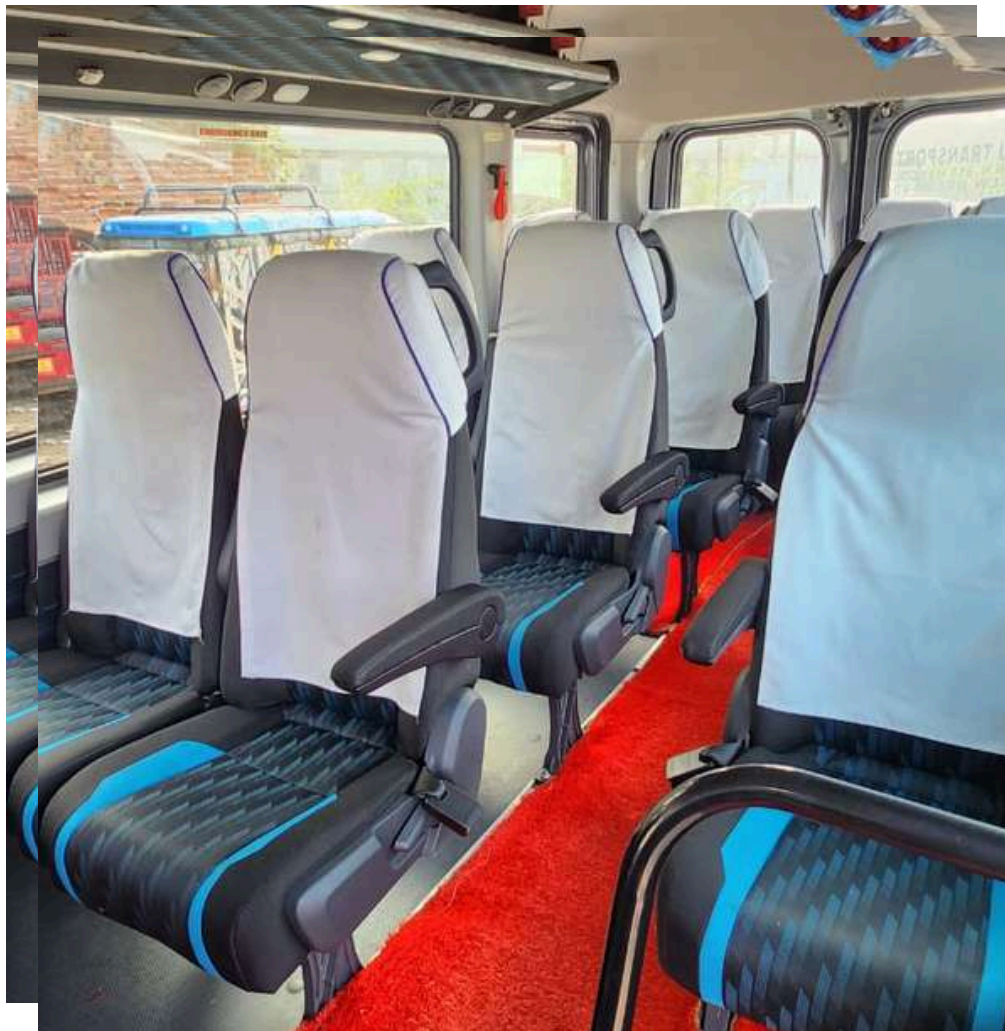
**This is not a break from life.**

**It's the beginning of a more beautiful one. **





## HUMARI GADI - Luxurious Urbania



Images are representational, it may vary.





**OUR STAYS - COMFORTABLE AND SAFE**

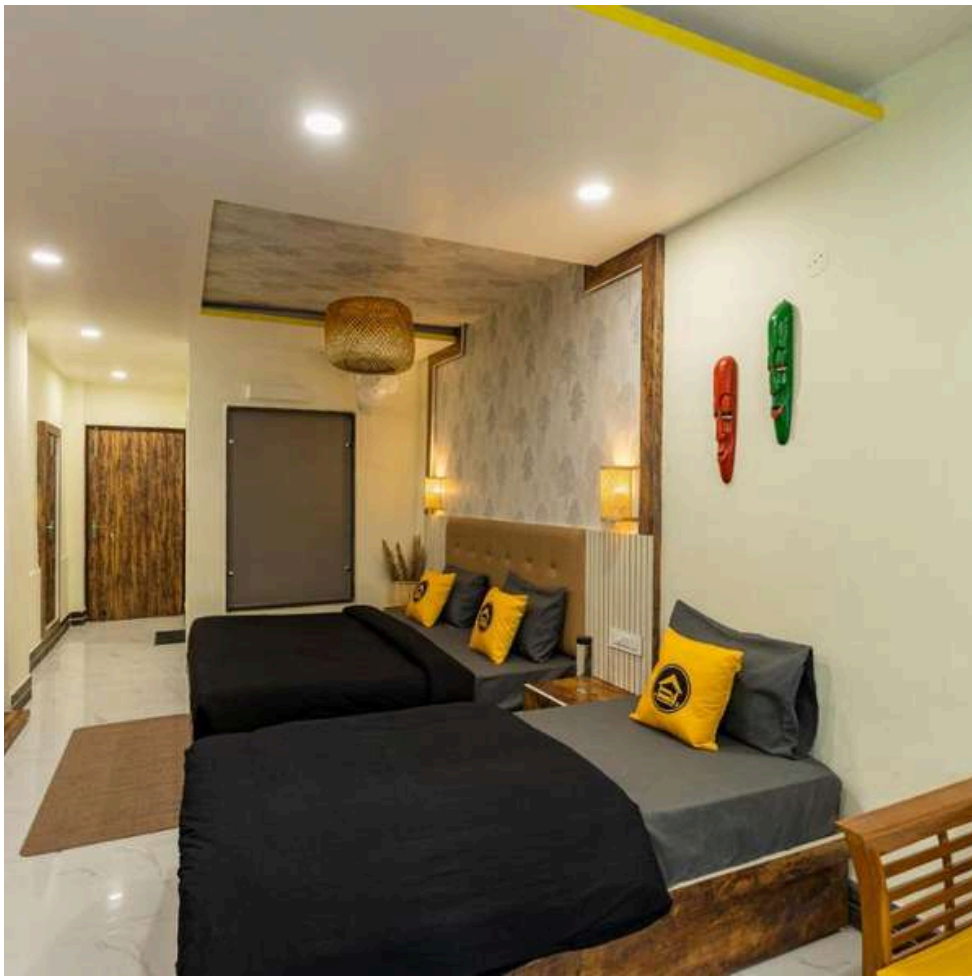


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**OUR STAYS - COMFORTABLE AND SAFE**



Images are representational, it may vary.



## PAYMENT DETAILS

### BANKING DETAILS -

**Name: Abhivyakti Bhadauria**

**Account No.: 915010027054741**

**Bank Name: Axis Bank**

**IFSC Code: UTIB0001048**

**Branch Name: Hoshangabad  
Road, Bhopal**

**UPI ID: abhi.b26-1@okaxis**



Abhivyakti Bhadauria



UPI ID: abhi.b26-1@okaxis

Scan to pay with any UPI app

DM us now!

CLICK HERE




# CONTACT DETAILS

 Phone: 9893114556 | 9990854146 | 9993643319

 Email: shifoyage@gmail.com

 DM us on Instagram

 Message us on Facebook

WhatsApp us at: 9893114556



 Reach out now & let's plan an unforgettable adventure! 

CLICK HERE 

# Why Choose Shifoyage? What Makes Us Different?

## Beyond Travel – A Soulful Experience 🌟

More than just a trip, we focus on fun, connection, and spiritual healing, making every journey meaningful.

## Unique Activities & Deep Interactions 🧐

From local village interactions to bonfire storytelling & self-reflection sessions, we create unforgettable experiences.

## Adventure with Comfort & Community 🏕️

Tented stays in the heart of nature, group bonding, and personalized care—feel at home in the wild!

## Mindful & Transformational Travel 🌿

Reconnect with yourself, nature, and like-minded travelers, gaining perspectives beyond the usual tourist experience.

## Hassle-Free, All-Inclusive Packages 🚀

Just pack your bags! Stay, meals, treks, transport, and activities—we've got everything covered!

📌 **Join Shifoyage & experience travel like never before!** 🌄🔥🌟

STILL DON'T BELIEVE US CHECK OUT OUR INSTAGRAM



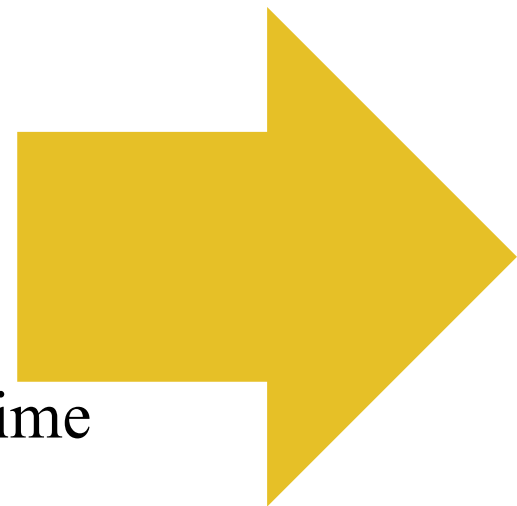
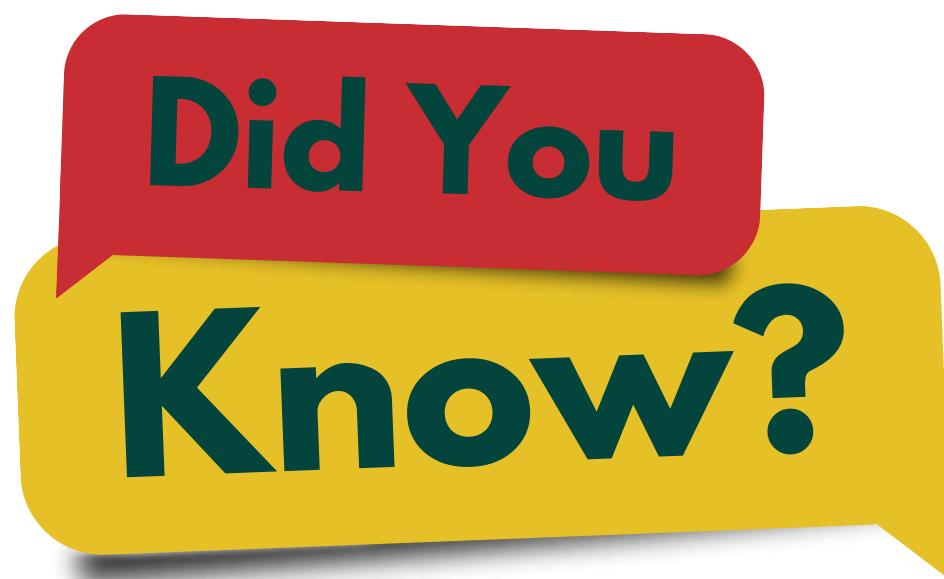
# Why Choose Shifoyage?

## What Makes Us Different?



[CLICK HERE](#) >>





Studies show that most people spend more time  
planning and dreaming about travel than  
actually booking a trip and going!





**Ab kya soch rahe ho**

**Book**

**Kar do ab toh**

[CLICK HERE](#)

